



April 2009



Welcome

The Cricket Academy (TCA) is a private organization that runs professional cricket coaching all year round. TCA is based at the Western Province Cricket Club Sports Centre in Rondebosch. The Sports Centre boasts the finest cricket facilities in the Western Cape, consisting of an indoor centre with four indoor cricket nets as well as artificial and turf outdoor nets. This makes the WPCC Sports Centre the ideal facility for all-year round training.

First-term news

The Cricket Academy continues to go from strength to strength. The boys have been working hard and are showing steady improvement. There have been some outstanding performances this term, congratulations to Joey Slack and Jesse Rajee on taking their first hatrick, as well as centurions Kay Sovgaard-Petersen and Carl Davis.

(See *Academy Performers overleaf for more*)

The best time to work on one's game is during the winter months. Over the past few years, the boys who have trained with us during this period have shown the most improvement. The biggest contributing factor to this improvement is that they are training once a week, under constant supervision, and working on specific skills. By the start of the 4th term, these new skills have been learned and can be put into practise.

The 2nd term see's some exciting new developments. To compliment private coaching we are introducing **TCA nets** for our hard ball cricketers. The skills learned during private sessions can be put into practise in the nets in a controlled, challenging environment.



HOLIDAY CLINICS

DATES TO DIARISE

6–9 July 2009
13–16 July 2009
28 September–1 October 2009

WINTER TRAINING SPECIALS:

Private Coaching:

- Save 12.5% on 1-on-1 coaching in the 2nd term.
- Save 35% by sharing a private session with a friend.



Easter Holiday Clinic:

Date: 6–9 April

Time: 09:00–12:00

Register and pay by 3 April 2009 and receive R 50 discount. WPCC members receive R 100 discount on all Holiday Clinics. Numbers are limited and booking is essential.

Mini Coaching:

Starting date: 29 April 2009

Day: Wednesday

Duration: 8 weeks

Ratio: Maximum 6 cricketers per coach

Group 1: Grade R's and 1's (14:00–15:30)

Group 2: Grade 2's and 3's (15:30–17:00)



TCA Nets:

Day: Monday, Wednesday & Friday

Duration: 8 weeks

Ratio: Maximum 6 cricketers per coach

Time: 17:30–19:00

Bowling Machine:

Come in and use our Jugs bowler.

Numbers are limited and booking is essential. To find out more email: info@cricketcoaching.co.za or call Gio on 0837590376

For more information contact

Gio Colussi on 0837590376

Email info@cricketcoaching.co.za



The Cricket Academy performers

Adam Bresler (WPPS U/12C)

50* vs Sweet Valley

Through consistent batting performances Adam has gained selection to the U/12B side

Dylan Castle (Bishops U/12A)

3/9 vs WPCC U/12A

Matt Clayton (Bishops U/11C)

50* vs WPPS

Michael Cohen (Herzlia U/13A)

4 overs 3-12 vs Bishops U/13C
4 overs 4-12 and 51* vs Kronendaal
4 overs 4-9 vs Bergvliet
4 overs 1-4 and 50* vs Pinehurst

Carl Davis (SACS 2nd XI)

180 vs Khayelitsha 1st XI
70 not out vs Affies 2nd XI
69 vs Nyanga 1st XI

Richard Elliot (SACS 4th XI)

5/40 vs RBHS 4th XI

Grant Edmeades (WBHS 1st XI)

63* vs Paarl Boys

64 vs Dale College

52* vs Kingswood

56 vs SACS

Jonty Fish (WPPS U/13A)

51* vs Bishops U/13A

Jeremy Gebers (Bishops U/12A)

49 vs South Peninsula Bears

Jonny Murray (RBPS U/10A)

85* vs WBPS

Kay Skovgaard-Petersen (RBHS U/14A)

4/39 vs Paarl Gym

109* vs Woodridge

Stuart McMaster (WPPS U/13A)

58* vs South Peninsula Bears

60* and 2/48 vs Bishops U/13A

Nicholas Pithey (WPPS U/13A)

77 vs Highbury U/13A

t

Jesse Rajee (SACS U/10A)

4/4 vs Reddam U/10A

including a HATRICK

Chris Rohrer (Bishops U/10A)

56 vs WPPS U/10A

Zandi Rohrer (Bishops U/13B)

4 overs 4/3 vs WPPS

Nicholas Salonen (RBHS U/15B)

3 overs 6/5 vs Milnerton U/15A
5 overs 1/20 and 38 vs SACS U/15B

Robbie Lennett (Bishops U/10C)

3/1 vs St Georges

Joey Slack (WPPS U/13A)

4/16 vs Wynberg U/13A including a HATRICK

Richard Stirton (RBHS U/15B)

41* vs Paarl Gym

Tom van As (Bishops U/13A)

19 overs 3-17 vs WPCC
10 overs 3-14 vs St Peters
61 vs Colet Court (UK)

To have your performances published please email them to Gio at info@cricketcoaching.co.za

The Cricket Academy offers

Private Coaching:

Individual session with a coach for an hour including video analysis and vision training.

Shared Private Coaching:

up to 3 boys can now share a private coaching session

Mini Coaching:

An eight-week programme for

Grade R to Grade 3 is run during each school term. Sessions are ninety minutes and attended once a week. Groups consist of a maximum of six cricketers to one coach.

TCA Nets:

Ninety minute hard ball net sessions run weekly allowing cricketers to test their skills and learn from one another in a challenging net environment. Nets



will be supervised by Senior Academy Coaches and will include, throw-downs, bowling machine sessions, video analysis and vision training.

Congratulations to Alex Castle who won a GM Bat, Pads and Gloves in our last competition.

Answer this question and you could stand a chance to win a GM Bat, Pads & Gloves!

Which new Gunn and Moore bat does Herschelle Gibbs use?

Mail entries to info@cricketcoaching.co.za by 30 April 2009. The winner's name will appear in the next newsletter.



For more information contact

Gio Colussi on 0837590376

Email info@cricketcoaching.co.za



www.cricketcoaching.co.za